

MAULANA AZAD MEDICAL COLLEGE
NEW DELHI
Foundation Course MBBS, Batch 2026-27

Date / Day	8 - 9 AM	9 - 10 AM	10 - 11 AM	11 - 12 Noon	12 - 1 PM	1 - 2 PM	2 - 3 PM	3 - 4 PM	Faculty In-charge
15.9.2026 Tuesday		1. Inauguration				Lunch	2. Hostel Allotment		
16.9.2026 Wednesday	3. Yoga/ Sports*	4. Orientation Anatomy Dept.	5. Orientation Biochemistry Dept.	6. Orientation Physiology Dept.	7. History of Medicine - Dr. S. Mishra	Lunch	8. Campus Tour	9. Mentor Mentee Program - Dr. Dinesh Kumar	Dr. Navya Gupta
17.9.2026 Thursday	10. Yoga/ Sports*	11. Medical profession & Physician's Role in society - Dr. S. Anuradha	12. Students' Expectations – Dr. Binita & Dr. Dinesh Kumar		13. Write Right: Best Practices in Clinical Documentati -on and Record Keeping – Dr. Devendra Mishra	Lunch	14. Talk that Heals: Communication Skills for Tomorrow's Doctors – Dr. Mohit Gupta		Dr. Harshit Kelkar
18.9.2026 Friday	15. Yoga/ Sports*	16. AETCOM – Dr. Aashima		17. Climate Change		Lunch	18. MAMC - Gurukool Dr. Anurag Mishra	19. Introduction: Dharohar - Dr. Vandana Roy	Dr. Kajal Nandi
19.9.2026 Saturday	20. Yoga/ Sports*	21. Community Medicine – Dr. Rajesh	22. Community Medicine	23. Community Medicine	24. Community Medicine	Lunch			Dr. Saswati Das
21.9.2026 Monday	25. Yoga/ Sports*	26. Tech for Medical Students – Dr. Manu Shetty & Dr. Dinesh Kumar	27. Learning to Learn - Dr. B.C. Koner Research & Biostatistics – Dr. B. C. Koner		28. Holistic Growth - Dr. Lal Chandra	Lunch	29. Community Medicine	30. Community Medicine	Dr. Arpita Suri
22.9.2026 Tuesday	31. Yoga/ Sports*	32. Group Dynamics - Dr. Dinesh Kumar		33. Cultivating Emotional Intelligence and Mental Resilience in Young Doctors: Dr. Mahima & Team		Lunch	34. Keeping Hearts Beating: First Aid, CPR and Emergency Life Support - Dr. Lalit Gupta and Dr. Kapil Chaudhary		Dr. Anubhuti

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23.9.2026 Wednesday	35. Yoga/ Sports*	36. Safe Banking: Canara Bank	37. Compassion and Empathy in medicine: Dr. Kirti Singh	38. Beyond Chalk and Talk: Reshaping Medical Teaching and Learning Language: Dr. Romit		Lunch	39. Azad Medical Association		Dr. Binita Goswami
24.9.2026 Thursday	40. Art of Living	41. Holistic Healing: Understanding AYUSH Systems – Dr. Neha Rawat	42. Disability awareness & Human rights – Dr. Deepika & Dr. Dinesh Kumar		43. Taking Charge of Own learning: Becoming a lifelong learner in medicine- Dr. Dinesh Kumar	Lunch	44. Artificial Intelligence & Real Doctors: Preparing for the next era of medicine: Dr. Sabita Mishra/ Dr. Manu Shetty		Dr. Navya Gupta
25.9.2026 Friday	45. Yoga/ Sports*	46. Thriving, Not Surviving: Time and Stress Management for Young Doctors - Dr. Dinesh Kumar	47. Cyber Awareness - Sh. Manoj	48. Communication Skills Dr. Aarti Sood Mahajan & Dr. Poonam Loomba- DME		Lunch	50. Medicine Beyond Binaries: Gender Sensitivity-SAATHI		Dr. Harshit Kelkar
26.9.2026 Saturday	51. Yoga/ Sports*	52. Standard Precautions & Vaccination - Microbiology	53. Patient safety and biosafety- Microbiology	54. Biomedical waste management - Microbiology	55. AMR containment via infection control & rational antibiotic use- Microbiology	Lunch			Dr. Kajal Nandi
28.9.2026 Monday	56. Yoga/ Sports*	57. Digital Wellness in current times - Monica Gupta (Director Interactive Bees Pvt. Ltd.)	58. Computer Skills Dr. Lalit Gupta & Dr. Kapil Chaudhary	59. Ethics & Professionalism – Dr. Devendra Mishra			60. Equal respect, equal care. Building gender sensitivity in Medical Practice and Law- Dr. Smita Kaushik	61. Art of Living: Dr. Neelesh Sharma	Dr. Saswati Das

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29.9.2026 Tuesday	62. Yoga/ Sports*	63. Compassion and healing - Dr. Reena Tomar	64. DOST - Dr. Anurag Mishra				65. White Coat Ceremony		Dr. Arpita Suri
30.9.2026 Wednesday	COMMENCEMENT OF CLASSES								

Kindly Note:

- All classes will be conducted in the **Anatomy Lecture Theatre**.
- The **Inauguration and White Coat Ceremony** will be held in the **Auditorium**.
- * Students are requested to bring their own Yoga mats for the 8-9AM Yoga/Sports Sessions.