MAULANA AZAD MEDICAL COLLEGE
NEW DELHI
Foundation Course MBBS, Batch 2026-27

Date / Day	8 - 9 AM	9 - 10 AM	10 - 11 AM	11 - 12 Noon	12 - 1 PM	1 - 2 PM	2 - 3 PM	3 - 4 PM	Faculty In-charge
15.9.2026 Tuesday		1. Inauguration				Lunch	2. Hostel Allotment		
16.9.2026 Wednesday	3. Yoga/ Sports*	4. Orientation Anatomy Dept.	5. Orientation Biochemistry Dept.	6. Orientation Physiology Dept.	7. History of Medicine - **Dr. S. Mishra**	Lunch	8. Campus Tour	9. Mentor Mentee Program - **Dr. Dinesh Kumar**	**Dr. Navya Gupta**
17.9.2026 Thursday	10. Yoga/ Sports*	11. Medical profession & Physician's Role in society - **Dr. S. Anuradha**	12. Students' Expectations – **Dr. Binita & Dr. Dinesh Kumar**		13. Write Right: Best Practices in Clinical Documentati -on and Record Keeping – **Dr. Devendra Mishra**	Lunch	14. Talk that Heals: Communication Skills for Tomorrow's Doctors – **Dr. Mohit Gupta**		**Dr. Harshit Kelkar**
18.9.2026 Friday	15. Yoga/ Sports*	16. AETCOM – **Dr. Aashima**		17. Climate Change		Lunch	18. MAMC - Gurukool **Dr. Anurag Mishra**	19. Introduction: Dharohar - **Dr. Vandana Roy**	**Dr. Kajal Nandi**
19.9.2026 Saturday	20. Yoga/ Sports*	21. Community Medicine – **Dr. Rajesh**	22. Community Medicine	23. Community Medicine	24. Community Medicine	Lunch			**Dr. Saswati Das**
21.9.2026 Monday	25. Yoga/ Sports*	26. Tech for Medical Students – **Dr. Manu Shetty & Dr. Dinesh Kumar**	27. Learning to Learn - **Dr. B.C. Koner** Research & Biostatistics – **Dr. B. C. Koner**		28. Holistic Growth - **Dr. Lal Chandra**	Lunch	29. Community Medicine	30. Community Medicine	**Dr. Arpita Suri**
22.9.2026 Tuesday	31. Yoga/ Sports*	32. Group Dynamics - **Dr. Dinesh Kumar**		33. Cultivating Emotional Intelligence and Mental Resilience in Young Doctors: **Dr. Mahima & Team**		Lunch	34. Keeping Hearts Beating: First Aid, CPR and Emergency Life Support - **Dr. Lalit Gupta and Dr. Kapil Chaudhary**		**Dr. Anubhuti**

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23.9.2026 Wednesday	35. Yoga/ Sports*	36. Safe Banking: **Canara Bank**	37. Compassion and Empathy in medicine: **Dr. Kirti Singh**	38. Beyond Chalk and Talk: Reshaping Medical Teaching and Learning Language: **Dr. Romit**		Lunch	39. Azad Medical Association		**Dr. Binita Goswami**
24.9.2026 Thursday	40. Art of Living	41. Holistic Healing: Understanding AYUSH Systems – **Dr. Neha Rawat**	42. Disability awareness & Human rights – **Dr. Deepika & Dr. Dinesh Kumar**		43. Taking Charge of Own learning: Becoming a lifelong learner in medicine- **Dr. Dinesh Kumar**	Lunch	44. Artificial Intelligence & Real Doctors: Preparing for the next era of medicine: **Dr. Sabita Mishra/ Dr. Manu Shetty**		**Dr. Navya Gupta**
25.9.2026 Friday	45. Yoga/ Sports*	46. Thriving, Not Surviving: Time and Stress Management for Young Doctors - **Dr. Dinesh Kumar**	47. Cyber Awareness - **Sh. Manoj**	48. Communication Skills **Dr. Aarti Sood Mahajan & Dr. Poonam Loomba- DME**		Lunch	50. Medicine Beyond Binaries: Gender Sensitivity-**SAATHI**		**Dr. Harshit Kelkar**
26.9.2026 Saturday	51. Yoga/ Sports*	52. Standard Precautions & Vaccination - **Microbiology**	53. Patient safety and biosafety- **Microbiology**	54. Biomedical waste management - **Microbiology**	55. AMR containment via infection control & rational antibiotic use- **Microbiology**	Lunch			**Dr. Kajal Nandi**
28.9.2026 Monday	56. Yoga/ Sports*	57. Digital Wellness in current times - **Monica Gupta** (Director Interactive Bees Pvt. Ltd.)	58. Computer Skills **Dr. Lalit Gupta & Dr. Kapil Chaudhary**	59. Ethics & Professionalism – **Dr. Devendra Mishra**			60. Equal respect, equal care. Building gender sensitivity in Medical Practice and Law- **Dr. Smita Kaushik**	61. Art of Living: **Dr. Neelesh Sharma**	**Dr. Saswati Das**

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29.9.2026 Tuesday	62. Yoga/ Sports*	63. Compassion and healing - **Dr. Reena Tomar**	64. DOST - **Dr. Anurag Mishra**				65. White Coat Ceremony		**Dr. Arpita Suri**
30.9.2026 Wednesday	**COMMENCEMENT OF CLASSES**								

Kindly Note:

- All classes will be conducted in the **Anatomy Lecture Theatre**.
- The **Inauguration and White Coat Ceremony** will be held in the **Auditorium**.

* Students are requested to bring their own Yoga mats for the 8-9AM Yoga/Sports Sessions.